



Welcome to *God's Little Explorers Preschool Curriculum!* I'm so excited to be sharing this journey with you. If you would like to know more about God's Little Explorers, please [read this blog post](#). You can also find a [listing of resources to use with God's Little Explorers on this page](#).

Each week, I will be sharing the lesson plans I'm using with my youngest daughter (*and my five-year-old, too...once we started, she didn't want to be left out*). We'll be exploring one letter (in no particular order), various math concepts, thematic projects (like cooking, crafts, and science), and one Bible story per week.

The curriculum is written to be four days each week. I recommend using the fifth day for a field trip and/or service project each week to enhance the theme and your child's learning.

I've written the lessons to be approximately 30-45 minutes if you complete the top three sections (Bible, Theme, and ABC & 123). The Life Skills section adds a little more time depending how thorough you are in teaching the various skills. The Other Ideas section, Book Bag, and Learning Bags are just extra ideas I share in case you want to switch-out a project, extend the learning, or don't like an activity I have included in the main lesson. Ideas that work for my children won't necessarily work for yours, so feel free to change and adapt the curriculum to fit your child's needs and your own!

This is a work-in-progress, so feel free to email me with your ideas and suggestions. You can contact me at [motherhoodonadime@gmail.com](mailto:motherhoodonadime@gmail.com). Please feel free to share this program with friends by sending them to [the landing page for God's Little Explorers](#). Please remember, this material is copyrighted, so you may not redistribute or sell these plans. Thanks for your help!

Blessings!

*Stacie Nelson*

"I am the Bread of Life. He who comes to me will never go hungry..." —John 6:35

Bible

Theme  
"h" is for Hungry

ABC & 123  
Letter: h  
Color: Orange

Life

Book  
Bag

# Day 1

## Bible Exploration:

Read about Jesus feeding the 5000.

Sing "Father, We Thank Thee" from WeeSing.

## Theme Adventure:

This week we are focusing on food and nutrition and being "hungry". Collect and read some books from the library about food.

Bake bread together. You can try this [bread-in-a-bag recipe](#) or make your favorite recipe. Save some for tomorrow's picnic.

**ABC Exploration:** Teach the sound *hhh*. Rub your tummy and say "h -h -h -hungry."

Make lowercase "h" Pencil Topper.

**Color Exploration:** Place a sheet of orange paper on the floor. Ask your child to go on a color hunt to find orange items to place on the paper.

## Self Help:

This week work with your child on brushing his or her teeth. This is a skill that takes a while to master, so lots of help and guidance is important.

## Bread and Jam for Frances

Frances is quite a picky eater, so talk about how we need a wide variety of foods to stay healthy. Pick out some foods your family doesn't eat regularly or has never tried and do a taste test.

## Growing Vegetable Soup

Make vegetable soup together.

# Day 2

## Bible Exploration:

Beforehand, prepare a small basket with two fish and five loaves of bread (consider substituting paper fish or Goldfish, wooden blocks for bread, slices of bread as loaves, etc.).

Spread out a large blanket and have your child put all his stuffed animals, dolls, action figures, etc. scattered on the blanket. Invite your child to sit down and reread the story of Jesus feeding the 5000. Bring out your basket for a visual and talk about the miracle of Jesus. Save your basket for tomorrow.

## Theme Adventure:

Plan a picnic for today. Have your child help you make a nutritious menu plan for your lunch. Work together to prepare it.

Once everything is ready, have a picnic indoors (or outdoors if it's nice).

## Math Exploration:

Practice sorting and grouping Goldfish, a tray of vegetables and fruits, or other foods.

You could also set out ten paper lunch sacks numbered from 1-10. Have your child find pretend food or real food items and put the correct number of items in each bag.

## Chore:

Teach your child how to clean the toilet. Some children may not be ready for this, but most can do more than you think. Supervise closely!

# Day 3

## Bible Exploration:

It would be a neat visual to fill the basket from yesterday to overflowing with "fish and bread".

Review the miracle and how so many people were fed that day. Point your child to how amazing God is and how the miracle showed God's power. It really demonstrated to the people who Jesus was.

Sing "Father, We Thank Thee" from WeeSing.

## Theme Adventure:

Gather up various foods from your refrigerator and pantry. Talk to your child about different types of foods and sort them.

Later, try this activity using the foods: blindfold your child, give them a food, and see if they can identify it by touch.

## ABC Exploration:

Write or stamp the letter h in the Alphabet Journal.

## Color Exploration:

Make an [orange collage](#). Add photos of orange items from a magazine, orange scrap paper, ribbon, buttons, felt, etc. Write the word "orange" on the collage somewhere and save to make a color book.

## Manners:

You knew I was going to get to it, right?

Talk to your child about your expectations for "passing gas" and what to say if you accidentally do so in public.

# Day 4

## Bible Exploration:

Print the shape printable for loaves and fish. Have your child decorate them and cut them out.

Cut a half-circle shape from a grocery sack or large piece of construction paper for a basket. Glue the loaves and fish into the basket. Add the Bible verse if desired.

## Theme Adventure:

Do some ["kitchen printing"](#). Use various fruits, veggies (celery, broccoli, etc.), and kitchen utensils to paint a picture today.

## ABC Exploration:

Have your child use the foods or utensils to paint on the printable letter h. Cut it out and add it to the alphabet wall (or alphabet notebook).

Review the sound and gesture for letter "h". Write h on a small piece of paper, have your child draw a basket of food. [Add it to the "Treasure Map"](#).

## Service:

Donate food to the hungry.

# Other Ideas

Take a tour of a food pantry.

Tour a grocery store.

Test your child's visual recall with a [simple "Find It" activity](#) (just substitute food instead of fall items like in the post).

Make a paper basket.

Put a piece of bread in a plastic bag. Put another piece of bread that has been dampened slightly with water. Observe for several days.

Find information about the studies below on the [Resource Page for God's Little Explorers](#):

- Hymn: Break Thou the Bread of Life
- Composer Study: Pyotr Ilyich Tchaikovsky
- Artist Study: Paul Cezanne

## My Ideas:

# Learning Bags

**Cupcake Busy Bag:** Use felt to create a cupcake. Make various toppings, felt sprinkles, etc. Find the pattern link [here](#).

**Box of Play Food:** Have your child count the food, sort the food, or just play with the food. We really love food that you can cut (like [the set from Melissa & Doug on the resources page](#)). These are excellent for fine motor development.

See how to use the bags on the [Busy Bag Resource page](#) and find more [Learning Bag activities on the Busy Bag page](#).



